



Two new Residential Treatment Homes will serve adults with mental illness in Marion and Lane counties

As part of a three-year plan to expand residential programs, Shangri-La has added two additional Residential Treatment Homes (RTH), one in Marion County and one in Lane County.

Arcadia RTH, located in Eugene, serves five individuals, and Greenhill RTH, located just outside Salem's city limits, also serves five individuals.

RTHs provide daily living and recovery supports to individuals with chronic and complex mental illness in a home-like setting with 24-hour staffing. Each resident has a private room and access to common areas. Personalized supports assist individuals in developing skills for increased independence and sustained recovery.



Arcadia RTH (top) and Greenhill RTH (bottom left) both underwent extensive remodels to update the homes to be more vibrant, accessible, and functional.



Take a full tour of the new RTHs

Scan the QR code or visit:
<https://bit.ly/newRTHtours>



Scan me

Residents are referred to these programs by a county behavioral health program.

"I believe we are good at providing these services," said Janet Yousey, Shangri-La's CEO. "This expansion makes sense for Shangri-La and our community."

This service expansion is made possible, in part, through over 2 million dollars in grant funding from the Oregon Health Authority. Shangri-La already operates seven RTHs throughout Marion, Linn, Benton, and Lane counties.

CAN YOU HELP FILL THE SLEIGH WITH JOY?

Fulfill a holiday gift wish for an individual or family served by Shangri-La before Dec. 6

Learn more/select a gift(s) at: www.ShangriLaOregon.org/holidaywishes



Shangri-La receives grant from PacificSource to be a Health-Related Social Needs (HRSN) provider

In July, Shangri-La received a capacity-building grant from PacificSource Community Solutions to provide Health-Related Social Needs (HRSN) services to eligible community members.

HRSNs are social and economic needs that affect a person's ability to maintain health and well-being. Benefits can include climate, housing, and nutritional supports. Shangri-La will focus on housing services, including referrals to RentWell tenant training and Shangri-La's outpatient mental health clinic for additional mental health support.

Shangri-La began accepting referrals on November 1 and aims to steadily increase service capacity as positions are filled. The grant provides wage assistance for a program manager, intake coordinator, billing coordinator, and two case managers.



Impact Summit gathers employees for professional development and connection

In October, Shangri-La employees gathered for professional development and connection at an all-employee conference -- the Impact Summit. Shangri-La leadership brought back the conference after recent employee engagement survey results noted that employees were not satisfied with training, opportunities for professional development, and communication and collaboration across the agency.

With content mirrored over two days, each employee attended one day or the other, ensuring that all Shangri-La employees could attend without significant interruptions to service delivery.

The conference featured a keynote speaker, breakout sessions, and a resource fair. Breakout session tracks focused on training related to employee wellness (preventative care, financial health, and emergency preparedness), improving services (assistive technology, automatic assumptions, and coaching skills), and immersion into the organization's culture (team building, organizational history, and connecting with employee committees)— a lunchtime resource fair connected employees with benefit providers.

"[It was a] wonderful chance to socialize and meet so many coworkers," said one attendee in the feedback survey. "I had great discussions, which was a nice reminder of why we are here."

Another attendee said that they "got great information from the breakout sessions" and added that they "really liked the KeyBank info on spending and saving, and the emergency preparedness [presentation] was very informative."

A special thank you to



for supporting the Impact Summit



Representative Tom Andersen visited Friendship House in late August. He spoke with residents, took a tour of their home, and gave a bowtie tying lesson.

Legislators visit Shangri-La

Since August, Shangri-La has hosted nine Oregon legislators and representatives from Governor Tina Kotek's office at tours of programs. These off-session visits promote self-advocacy and provide education to legislators about issues important to the communities served by Shangri-La and challenges facing provider agencies.

"If legislators know the people working in the community, they will often reach out when they have questions on bills and policy during session," explained Shangri-La's CEO about the added value of these visits.

better together

Thank you to these donors and volunteers whose contributions helped people with disabilities and families with disadvantages thrive at home, at work, and in our community.

We truly are, *better together.*

Better Together Giving Community Members

Nick Bender	Beth Hill	Roger and Colleen Plott
Lisa Bilgen	Jeremey Hill	Rachenda Reynosa
Vicki Caldwell	Tim and Jeniffer Johnson	Kelli Rogers
Marlene Carpani	Winifred Ju	Winifred Skinner
Greg and Holly Crawford	Jim and Judy Kennedy	David Sloves
Megan Denison	Theresa Kies	Susan South
Aalicea Dominguez	Amy Korkowski	Yvonne Stewart
Fred Duckwall	Elizabeth Larson	Ron and Joanna Stout
Sally Dvorak	Bradley Leland	Irene Tynes
Joanna Edwards	James Lindekugel	Amanda Valerio
Ashley Erb	Jean McCormick	Andre Veillet
Jan Frank	Nick McCrea	Jessica Walsh
Heidi Frederick	Madeline Mulhern	Donna Welch
Julia Frisbie	Allison Myers	JD Welch
Jennifer Gray	Tiffani Olsen	Winkle Construction
Bri Gridley	Holly Pharms	Rhonda Wolf
Carole Hellman	Laurie Phelps	Janet and Ben Yousey

Greatest Need Givers and In-Kind Contributors

Nonstop Health	Mid Valley Quilt Guild
Nicole Titus	Caleb and Annie Reynolds
Stephanie Fournier	Donna Cote-Welch Trust
Lewis Special Needs Trust	

This list represents supporter contributions made between May 1, 2024 - October 30, 2024

Holiday Wishes Project Monetary Supporters

Stacy Erb	Philadelphia Insurance
Patricia Jackson	Mary Schmid-Carter
Kathy Matthews	SilverNail NW
Bob Noll	
Tiffani Olsen	



YOU CAN HELP



Shangri-La has partnered with Oregon BottleDrop Give to turn bottles and cans into funds that will help individuals supported by Shangri-La.

COLLECT BOTTLES AT YOUR HOME OR BUSINESS IN 2025

Pledge to fill 4, 8, 12, 16, or 24 blue BottleDrop bags per year.

Return the filled bags to any Oregon BottleDrop redemption center. Your bags are credited to Shangri-La's BottleDrop account.

Sign-up at: bit.ly/slabottledropgive

Funds raised help support Social Club programming, the Holiday Wishes project, and Shangri-La assistance funds.

20% MATCH THRU 12/2

Return your Shangri-La tagged BottleDrop blue bags before Dec. 2 and Shangri-La will receive a 20% match.

OREGON INTERVENTION SYSTEM (OIS) TRAINING NOW AVAILABLE

Shangri-La's behavior professionals are now offering a limited number of OIS training seats to community members.

Learn more and register at:

www.ShangriLaOregon.org/oiscertification



missionmoments

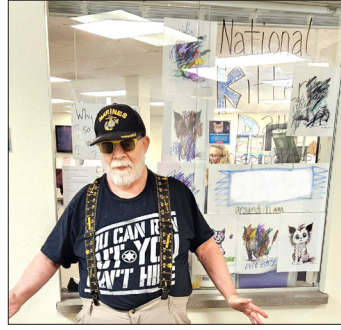


Icon denotes donor support



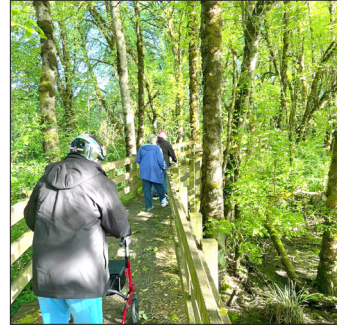
Splashin' Around

Social Club met up at the splash pad at Riverfront Park in Salem for lawn games, fun in the water, and ice cream treats.



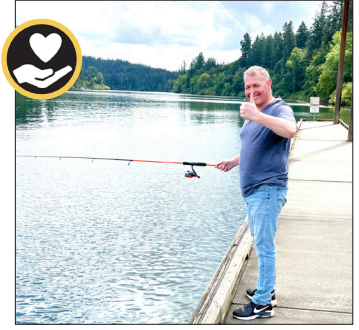
Pet Parenting 101

Steve taught a class to his peers about what it means to own a pet and be a good pet parent.



Hitting the Trail

Day services program participants visited many local natural areas and wildlife reserves throughout the summer.



The Great Outdoors

Campers at Shangri-La's annual summer campout enjoyed a variety of outdoor-activities including fishing and disc golf.



People-ing at Pride

Community members learned about Shangri-La services and made colorful pinwheels at Eugene Pride.



Cycling and Sunsets

Kevin logged many miles on his bike over the summer -- often being treated to a beautiful sunset.



Cueing Up Some Fun

Gerald has been brushing up on his pool skills at The Cue Ball in Salem.



Work Hard. Play Hard.

Megan recently joined the Radar Toys team as a part-time retail associate. This is Megan's first job!

At Our Core

Mission: Serve individuals with disabilities or disadvantages so they may recognize and achieve their full potential.

Vision: Communities where all people are accepted for their abilities and celebrated for their successes.

Become Better Together

Visit Shangri-La's website to learn more, donate, volunteer or see current job openings.

www.ShangriLaOregon.org

If you no longer wish to receive the Shangri-La quarterly newsletter or have questions about this publication, email: community@shangrila-or.org or call 503-581-1732, x328.

Shangri-La is a 501c3 non-profit human services organization, tax ID#: 93-0509414.

Executive Team

- Janet Yousey, CEO
- Andre Veillet, Director of Finance
- Jean McCormick, Director of Human Resources
- Ashley Erb, Director of Community Engagement
- James Lindekugel, Director of Employment and Day Services
- Tiffani Olsen, Director of IDD Residential Services
- Robin Winkle, Director of Operations and Homeless Services
- Bradley Leland, Director of Behavioral Health Services

Board of Directors

Officers

President: Michael Kemry
Vice President: Jake French
Secretary: Jan Frank
Treasurer: Nick Bender

Board Members

- Rae Reynosa
- James Kimsey
- Winifred Skinner
- Bri Gridley
- Brian Kalar
- Rashmi Joshi
- Maribel Mendez
- Ryan Tribbett